

## Food & Eating

- Are there any foods that you wouldn't eat as a child that you eat now?
- Are you a good cook?
- Are you a vegetarian?
- Are you concerned about your daily calorie intake when choosing something to eat?
- At what times do you usually eat your meals?
- Do you always eat dinner with your family?
- Do you always eat vegetables?
- Do you cook? If yes, what food do you cook the most often?
- What do you drink the most every day?
- Do you eat bread every day?
- Do you eat breakfast every day?
- Do you eat enough fruit and vegetables every day?
- Do you eat lunch at school/work every day?
  - How much does lunch usually cost at school?
  - Do you bring your lunch to school?
- Do you ever skip breakfast? If so, how often and why?
- Do you have a favorite cafe? If so, where is it? Why do you like it?
- Do you have coffee for breakfast?
- Do you know someone who struggles with an eating disorder?
- Do you like Czech food? What is your opinion about that cuisine?
  - Chinese/Spanish/American/French/Italian
- Do you like deep fried food?
- Do you like food from other countries? If yes, which do you like the most?
- Do you like peas and carrots? How about spinach?
- Do you like to cook? Why or why not?
- Do you like to eat a lot of food every day?
- Do you like to eat at fast food restaurants?
- Do you like to eat cakes/sweets?
- Do you like to eat junk food?
- Do you like to eat? Why or why not?
- Do you like to have breakfast each morning? Why or why not?
- Do you like to try new food and drinks?
- Do you prefer to eat at a restaurant or at home?
- Do you prefer your own country's food or other kinds of food?
- Do you read the nutritional information on the foods you buy?
- Do you take vitamin pills?
- Do you think a vegetarian diet is better than a diet that includes meat?
- Do you think fast food, soda and sweets should be sold in school cafeterias?
- Do you usually want to eat dessert after dinner?
- Have you ever been on a diet? If so, how long did you stay on it?
- Have you ever eaten dog meat?
- How long do you take to eat lunch?
- How many calories do most people need every day?
- How many meals do you usually eat every day?
- How much do you eat when you are sad or happy?
- How much does it cost to eat dinner at a hotel in your country?
- How much rice do you eat?
- How often do you eat at a fast-food restaurant?
- How often do you eat bread?
- How often do you eat fresh fruit?
- How often do you eat in a restaurant? (How often do you eat out?)
  - Where do you usually go?
  - Who do you usually go with?
  - About how much do you spend?

- Do you ever go to an Indian restaurant?
- Which country's food do you like the most?
- Which do you eat more often, rice, bread or potatoes?
- Which fast food restaurants do you eat at the most often?
- Why are diets usually short?
- Why can't people stop eating?
- Why do you think obesity is becoming such a problem in the United States and throughout the world?
- What do Czech people eat for lunch?
- Do you know the nutritional value of the things you eat every day?
- Do you believe that "we are what we eat?"
- How many meals a day do you think should be eaten?
- Do you usually eat at home or eat at a restaurant?
- Can you name a spice or flavoring that is good for your health?
- If you were on death row, what would you request for your last meal?
- Do you pray before each meal?
- Have you ever eaten something that made you ill?
- How many calories are in one hamburger?
  - If you don't know, can you make a guess? Is it more or less than an ice-cream cone?
- Have you ever tasted African food?
- Does your family have any special recipes that are passed down from generation to generation?
- Do you like brunch?
- How much should you tip the server in a restaurant?
- What type of restaurants would you not tip in?
- Have you ever found something disgusting in your food?
- Have you ever left a restaurant without paying ("dined and dashed")?
- Do you like trying new foods?
- What new foods have you tried this month?
- What is the strangest food you have ever tried?
- Do you have any food allergies?
- Which food from this country do you like the least?
- What do you think about super-sizing?
- Should fast food restaurants serve healthier food?
- Are food portions too big for our health?
- What food would you like to see in a restaurant in this country?
- Do you think it is good to count calories when you are eating?
- Which food is overpriced?
- Do the utensils we use to eat affect the kind or way we prepare the foods we eat?
- Do you think that food defines a culture? If so, how?
- Do you notice any differences in the way food is served at the table when you travel?
- Do you enjoy eating intestines? (Substitute in other foods that students are not likely to enjoy.)
- How does the etiquette of eating together in your country differ from other countries?
- Are there any foods that bring back special memories for you? What are they?
- What can you do when a fishbone is caught in your throat?
- If you were invited to a fancy dinner with the president or a celebrity, what would you do to prepare?
- Name a spice or flavoring that is good for your health?
- What to do when you cut your finger preparing food?
- How often do you have unhealthy food?
- When you are alone do you always cook a meal?
- How often do you eat steak?
- How often do you go drinking? What's your favorite drink?
- How often do you go shopping for food?
- If you are living abroad, what is the food that you miss most from home?
- Is there any food that you really dislike to eat?
- What are some foods that are considered unhealthy?
- What are some foods that you know are healthy for your body?
- What country's food do you like the most?