## **Fears**

- Tell me about your fears. What are you afraid of?
- Are there any parts of the city where you live which you are afraid to visit after dark? Where? Why?
- Are you afraid of flying/ghosts/giving a speech in public/going to the dentist/heights/scary movies/the dark/getting old/dying? Why?
- Are there certain weather conditions that scare people? What are they? Why do people become scared?
- How does fear influence your behavior? What effect does fear have on you?
- Are there any numbers that people are afraid of in your culture?
- Do you fear certain insects or animals? Why?
- Do you know anyone with a phobia?
- Do you like horror movies?
- Do you think young children should be allowed to watch horror movies?
- How do you react when you see something frightening?
- Is there any person you are afraid of?
- Were you afraid of the dark as a child?
- Were you afraid on your first day of school here in the United States? How do you feel now?
- What animal do you think is the scariest?
- What are some things which many people are afraid of? Why are they afraid of them?
- What is the scariest movie you have ever seen?
- What is your biggest fear in life? Are you afraid that it might come true?
- What kinds of things make you nervous?
- What was the most frightening experience you've had?
- When you were a child, what things were you afraid of?
- Do you ever have nightmares (bad dreams)?
  - o What are they about?
  - o How often do you have nightmares?
- Have you ever seen any reality TV shows where people face their fears for money?
  - o Would you ever face one of your fears for money?
  - o Do you find this kind of show interesting to watch?
- What is your biggest fear?
- Have you overcome any of your fears?
- Are you afraid of being ill? What disease are you most afraid of? Why?
- Do you believe people can be cured of phobias by hypnosis?
- Are you afraid to fly?
- Are you afraid to ride a motorcycle?
- Are you afraid of death, of dying?
- How do you cope with your fears?
- What is your biggest fear for yourself?
- What is your biggest fear for the world?
- How often do you feel afraid?
- How would you help someone to get over their fear?
- Do you have any form of phobia or paranoia?
- What were you afraid of as a child?
- What facial expressions accompany fear?
- If you 'put the fear of God into someone,' how do you think that person feels?
- Are you afraid you might get sick?
- Are you afraid of speaking English?
  - o A foreign language?
  - o In front of many people?
  - o At official functions?
- Are you afraid of germs?